

## THERESE GAHL, DANCER

From Falls Church, Virginia, Therese received her dance training from the Washington School of Ballet (WSB). Since she started dancing at 6 years old, she had many opportunities to dance alongside the Washington Ballet, where she performed at many notable venues including the Warner Theater, the Kennedy Center, and the White House. After graduating from high school, she became a professional member of Ballet West II.

In 2012, she graduated Cum Laude from George Mason University, where she took up a Bachelor of the Arts in Psychology. Throughout her college career, she taught ballet and creative movement at many dance studios in the metropolitan area, including CityDance, Maryland Youth Ballet and Virginia Ballet Theater.

Her contemporary ballet choreography on pre-professional dancers has been featured in many international dance competitions, including Youth America Grand Prix and World Ballet Competition.



Therese has danced with Gin Dance Company, directed by Shu-Chen Cuff from 2012-2018 and freelance with other fellow artists, including Diana Movius and Miya Hisaka, and her sister, Liz Gahl. In 2014, she was Conservatory Program Manager for CityDance School and Conservatory. She now has continued to teach and choreograph in the lower and upper schools of CityDance.

She has presented her contemporary ballet work as part of VelocityDC Dance and at the INTERSECTIONS 2018 and 2019 Festival. This fall she was an adjunct professor/guest choreographer at Towson University and was a guest choreographer for Georgetown University. She is currently a performing artist with Stephanie Droycott's Motion X Dance.

It has been a pleasure for Therese to have worked on many pieces of work by Ivy Chow and is grateful for the opportunity to share and illustrate the vision of I.C. Movement Project to the DC community. This is Therese's third season with I.C. Movement Project.